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THE 10TH ASIAN WUSHU CHAMPIONSHIPS REGULATIONS

Macao, China September 9 - 16, 2024

1 DATE AND PLACE

The 10th Asian Wushu Championships will be held in Macao, China from September 9 to 16, 2024.

2 VENUE

- 2.1 Competition venue: Tap Seac Multisport Pavilion, Pavilion A, Macao
- 2.2 Training venue: Tap Seac Multisport Pavilion, Pavilion B, Macao

3 COMPETITION EVENTS

- 3.1 TAOLU
 - 3.1.1 Barehanded : Changquan, Nanquan, Taijiquan, Pair Taijiquan (no gender restrictions)
 - 3.1.2 Short Weapon : Daoshu, Jianshu, Nandao, Taijijian
 - 3.1.3 Long Weapon : Qiangshu, Gunshu, Nangun
 - 3.1.4 Duilian: 2-3 persons, no mixing of genders allowed

3.2 SANDA

- 3.2.1 Male: 48kg, 52kg, 56kg, 60kg, 65kg, 70kg, 75kg, 80kg, 85kg, 90kg, and above 90kg.
- 3.2.2 Female: 48kg, 52kg, 56kg, 60kg, 65kg, 70kg, 75kg.

4 QUALIFICATIONS

- 4.1 Member Associations
 - 4.1.1 Member associations who have paid the 2023-2024 annual membership fees of the Wushu Federation of Asia (hereinafter referred to as the "WFA") are eligible to participate.
 - 4.1.2 Association under the membership application progress are eligible to participate in the championships only after their application being approved by WFA.
 - 4.1.3 Members of the Oceania Wushu Kung Fu Federation are eligible to participate in Wushu Taolu events.
- 4.2 Athletes Qualifications
 - 4.2.1 All participating athletes must be citizens of the country/region they represent.
 - 4.2.2 Athletes with dual nationality can only represent one country/region to participate in the championship.

5 ENTRY REQUIREMENT

Each member association is limited to enter 1 team. Each team should be composed of 1 Taolu team and 1 Sanda team.

5.1 TAOLU

- 5.1.1 Each team shall be composed of maximum 16 members including: 1 team manager, 2 coaches, 1 doctor, and 12 athletes(6 male and 6 female).
- 5.1.2 Each athlete may enter up to 4 events (1 barehanded, 1 short weapon, 1 long weapon or Pair Taijiquan, 1 Duilian).
- 5.1.3 Each team may enter 1 men's and 1 women's Duilian.
- 5.1.4 Upon registration, athletes are required to submit a Medical Certificate, proof of life insurance and Waiver of Liabilities issued within a period of 15 days prior to the competition.

5.2 SANDA

- 5.2.1 Each team shall be composed by maximum 16 members including: 1 team manager, 2 coaches, 1 doctor, 12 athletes(7 male and 5 female).
- 5.2.2 Each team may enter only one athlete for each weight category, and each athlete is allowed to participate in only one weight category.
- 5.2.3 Upon registration, athletes are required to submit a Medical Certificate, proof of life insurance and Waiver of Liabilities issued within a period of 15 days prior to the competition.

6 COMPETITION METHOD

Unless otherwise specified in the regulations, the 10th Asian Wushu Championships will be conducted in accordance with the "IWUF Wushu Taolu Competition Rules & Judging Methods (2019)" and "IWUF Wushu Sanda Competition Rules & Judging Method (2017)" (hereinafter referred to as "Rules"). The right to interpret the rules belongs to the International Wushu Federation. In case of discrepancy of interpretation of the rules due to different language versions, the Chinese version shall prevail.

6.1 TAOLU

- 6.1.1 Competitions in Changquan, Nanquan, Taijiquan, Daoshu, Jianshu, Nandao, Taijijian, Gunshu, Qiangshu and Nangun shall be carried out according to the "scoring methods and standards for events with degree of difficulties" in the Rules.
- 6.1.2 In a routine, the same jumping difficulty movement can be performed 2 times at most, but the connecting movement cannot be repeated.
- 6.1.3 The Pair Taijiquan competition will be conducted in accordance with the "Pair Taijiquan Competition Rules and Judging Methods (trial)" (see Appendix 1), no gender restrictions for Pair Taijiquan event.
- 6.1.4 In Pair Taijiquan competition, in same gender pairing, the score of the degree of difficulty for the "324C+5" is calculated based on the requirements specified for that gender in the rules. In mixed gender pairing, the score is calculated according to the Degree of Difficulty of the female competitor, both competitors are required to perform the same difficulty movements simultaneously.

6.1.5 Accompanying music is required for Taijiquan, Taijijian and Pair Taijiquan, 0.5 points will be deducted for performance without accompanying music or with vocal part in the music.

6.2 SANDA

- 6.2.1 The single knockout system will be adopted.
- 6.2.2 When there are only 3 athletes in a certain weight category, the single round-robin method will be adopted.

7 COSTUMES AND EQUIPMENTS

- 7.1 TAOLU
 - 7.1.1 Athletes' competition clothing and equipment must comply with the rules requirements in order to participate in the competition.
 - 7.1.2 Athletes must bring their own competition clothing and competition equipment.

7.2 SANDA

- 7.2.1 Athletes must wear competition clothing and protective gear that meet the requirements of the rules in order to participate in the competition.
- 7.2.2 Athletes must bring their own red and blue competition attire.
- 7.2.3 Athletes must bring their own gum-shield, jockstrap, and hand wraps.
- 7.2.4 Competition gloves and protective gear (headgear and chest protection) are provided by the Organizing Committee of the 10th Asian Wushu Championships (hereinafter referred to as the "Organizing Committee").

8 PLACING AND AWARDING

- 8.1 TAOLU
 - 1st place: Gold medal and certificate
 - 2nd place: Silver medal and certificate
 - 3rd place: Bronze medal and certificate

4th to 8th place: Certificate

Remarks: The results of athletes representing members of the Oceania Wushu Kung Fu Federation will be admitted separately. Honorary medals and certificates will be awarded to winning athletes and will not be counted in the final medals tally.

8.2 SANDA

1st place: Gold medal and certificate

2nd place: Silver medal and certificate

3rd place (juxtapose): Bronze medal and certificate

9 Entries:

9.1 Both preliminary entry and final entry must be submitted through the Online Registration System of WFA, all registration information must be completed, and all required documents must be uploaded.

Online Registration System

Company: Justtool Scoring Co., Ltd. URL: <u>http://wfa.justtool.com/</u> Tel: +86 757 8399 1970 Fax: +86 757 8399 1970 Email: <u>wushu@justtool.com</u>

- 9.2 Preliminary Entry
 - 9.2.1 The deadline for preliminary entry is June 9, 2024 at 23:59 (Macao time).
 - 9.2.2 The preliminary entry forms must be sent by e-mail to the Organizing Committee and WFA.
 - 9.2.3 All teams must complete the preliminary entry before deadline to access the final entry system.
- 9.3 Final Entry
 - 9.3.1 The deadline for final entry is August 9, 2024 at 23:59 (Macao time).
 - 9.3.2 The final entry forms must be signed by either the President or Secretary-General of the member association with seal, and to be sent by e-mail to the Organizing Committee and WFA.
 - 9.3.3 Each team is required to print a copy of the submitted entry and present it upon arrival and registration.
- 9.4 Late Registration and Changes Policy
 - 9.4.1 The deadline for late registration and changes is due on August 28, 2024, at 23:59 (Macao time).
 - 9.4.2 Late registration for team officials/observers require a fee of US\$100.00 per person. For late registration and/ or changes of events for athlete, each item will require a late registration/change event fee of US\$100.
 - 9.4.3 Member Associations with requests for late registration or changes must submit a written document for approval and shall pay corresponding fees before the late registration deadline, otherwise request will be denied.

10 FEES

- 10.1 Airfare, board and lodging expenses for athletes, team officials, team judges and observers participating in the 10th Asian Wushu Championships shall be borne by the participating teams themselves.
- 10.2 The Organizing Committee is responsible for accommodation and transportation arrangements from September 9 to 16, 2024. If any participating team arrives early or leaves late, written document shall be submitted to the Organizing Committee before

August 12, 2024 for arrange of accommodation, and the relevant expenses will be borne by each team.

- 10.3 The WFA and the Organizing Committee request that all participating teams board at the designated hotels arranged. Teams unable to stay in the designated hotel due to special reasons shall pay a participation fee of USD 200 per person. Those who cannot participate in the activities and competitions on time due to their own reasons shall accept responsibility for consequences arising as a result of this.
- 10.4 Payment method
 - 10.4.1 To ensure the accommodation reservation, participating teams are requested to pay 50% of the total fees by international bank transfer simultaneously with the preliminary entry submission. The remaining 50% balance must be paid by international bank transfer simultaneously with the final entry submission.
 - 10.4.2Teams unable to pay by international bank transfer must inform both the WFA and the Organizing Committee in advance with written a document and must pay the relevant fees in full upon arrival registration.
 - 10.4.3 If the participating teams do not comply with the deadline, the accommodation will not be guaranteed. The teams will be solely responsible for the consequences that may occur.
 - 10.4.4 Banking information as below:

Bank Name: Tai Fung Bank

Bank Address: Tai Fung Bank Headquarters Building, 418 Alameda Dr. Carlos d' Assumpção, Macau SAR

Bank Telephone: +853 28322323

Bank SWIFT Code: TFBLMOMX

Account Name: ASSOCIACAO GERAL DE WUSHU DE MACAU

Account Number: 201-1-10005-4

Beneficiary Address: Rua De Ferreira Do Amaral, Pavilhão Polidesportivo Tap Seac, Floor B2, Room B219, Macau SAR

Contact Person: Chou Chi Seng

Telephone: +853 2856 7873

E-mail: macauwushu@gmail.com

10.4.5 The following are the standard fees for the Teams, Team Judges and Observers, fees including board and lodging, local transportation:

Room Type	Rate for Teams and Team Judges (per person per night)	Rate for Observers (per person per night)
Double Room	USD 150	USD 200
Single Room	USD 190	USD 230

11 ARRIVAL AND REGISTRATION

- 11.1 All technical officials are required to arrive at the designated place for registration on September 9, 2024.
- 11.2 All participating teams are required to arrive at the designated place for registration on September 9, 2024.
- 11.3 During the arrival registration, teams are required to:
 - Pay relevant fees in full (if applicable).
 - Submit all required items and documents.

12 COMPETITION MANAGEMENT AND TECHNICAL OFFICIALS

- 12.1 The Organizing Committee shall be responsible for organizing the competitions during the championships under the leadership of the WFA Executive Committee and the guidance of Technical Committee.
- 12.2 Each participating team shall send one International Grade Judge for Taolu and Sanda respectively. The Team Judges must hold their valid license of the International Grade Judge issued by IWUF.
- 12.3 Technical Delegate, Jury of Appeals, and designated judges will be appointed by the WFA.

13 TECHNICAL MEETING

- 13.1 The Technical Meeting will take place at 09:00 (Macao time) on September 11, 2024. Matters related to the competition will be announced during the meeting.
- 13.2 Each team may send 2 representatives for Taolu and Sanda respectively to attend the meeting.

14 DRAWING OF LOTS CEREMONY

- 14.1 The drawing of lots will take place at 10:00 (Macao time) on September 11, 2024.
- 14.2 Each team may send 2 representatives for Taolu and Sanda respectively. For teams unable to attend, the representative of the Jury of Appeal will draw on their behalf.

15 WEIGH-IN

- 15.1 The initial weigh-in will take place at 07:00 (Macao time) on September 11, 2024, location is to be determined.
- 15.2 Athletes must present their accreditation card and passport during the weigh-in, and the absence of either is not allowed.
- 15.3 Athletes participating in the competitions on the same day must weigh in at the specified time before the competition, with the time and location to be determined.
- 15.4 Competitors will be disqualified if their weighing results do not meet the requirements of their weight category they have entered.

16 VICTORY CEREMONY

- 16.1 The medalists are required to attend the Victory Ceremony in person.
- 16.2 The medalists must report to the designated place 15 minutes before the Victory Ceremony starts and must wear their official team uniforms.
- 16.3 The medalists are not allowed to wear one-piece suits, gloves, hats, goggles, sunglasses, etc. to attend the Victory Ceremony, and are not allowed to take any religious symbols to or onto the podium.
- 16.4 The medalists who are absent from the Victory ceremony without a valid reason will forfeit the right to receive a medal.
- 16.5 The medalist athletes who violate the provisions of 16.2 and 16.3 will have their eligibility to receive medals revoked.
- 16.6 If the actual number of medalist athletes attending the award ceremony for a specific event is fewer than 3, no award ceremony will be held for that event. The team leader can claim the medal and certificate at the designated location.

17 OTHER MATTERS

- 17.1 Each team must strictly abide by the rules of the competition and compete fairly.
- 17.2 Athletes, coaches, and team officials should respect the judging panel, all complains and appeals must be conducted in accordance to the procedures. In the event of disrupting the order of the competition, impeding its progress, or resorts to verbal abuse or physical aggression against the judges, the Chief Referee has the right to give a verbal admonition or an official warning. If the aforementioned measures are ineffective, the Chief Referee shall propose to the WFA Technical Committee to take corresponding actions, these may include public notification, revocation of the coaching eligibility for the involved coach, cancellation of the athlete's competition results, and requests for their affiliated national/regional Wushu association to take further measures based on the specific circumstance.
- 17.3 Each team must bring and submit the following items and information upon arrival and registration:
 - 17.3.1 Three pieces of national, regional or association flag (1m x 2m).
 - 17.3.2 U disk with the national anthem or association anthem recorded in MP3 format.
 - 17.3.3 Athlete's medical certificate.
 - 17.3.4 Athlete's personal insurance certificate.
 - 17.3.5 Signed Waiver of Liabilities forms from the participating team.
 - 17.3.6 One copy of final entry form.

18 CONTACT INFORMATION

Wushu Federation of Asia (Secretariat)

Address: Rua De Ferreira Do Amaral, Pavilhão Polidesportivo Tap Seac, Floor B2, Room B225, Macau SAR

Telephone: +853 2878 9106

Fax: +853 2878 9102

E-mail: secretariat@wfa-asia.org

Wushu General Association of Macau (The Organizing Committee of the 10th Asian Wushu Championships)

Address: Rua De Ferreira Do Amaral, Pavilhão Polidesportivo Tap Seac, Floor B2, Room B219, Macau SAR

Telephone: +853 2856 7873

E-mail: <u>macauwushu@gmail.com</u>

Appendix:

- 1. Pair Taijiquan Competition Rules and Judging Methods (trial)
- 2. Schedule Of The 10th Asian Wushu Championships
- 3. Waiver of Liability Form
- 4. Medical Certificate

Appendix 1

Pair Taijiquan Competition Rules and Judging Methods (trial)

The regulations governing the Pair Taijiquan competition align with the framework outlined by the International Wushu Federation in the 'Wushu Taolu Competition Rules and Judging Methods' (2019). Expanding upon the individual event guidelines, specific provisions have been introduced, detailing requirements for routine composition. Additionally, deduction methods for evaluating synchronization, and extra points (Bonus points) for perfection in difficulties have been incorporated into the scoring criteria.

1 GUIDELINES FOR ROUTINE COMPOSITION

1.1 Regulations

The routine performed by the two athletes must include the following three parts:

- 1.1.1 Eight compulsory movements (in accordance with the "IWUF Wushu Taolu Competition Rules & Judging Methods (2019): Lăn Què Wěi (Grasp the Peacock's Tail), Zuǒ Yòu Yě Mă Fēn Zōng (Part the Wild Horse's Mane to the Left and Right), Zuǒ Yòu Lōu Xī Ào Bù (Brush Knee with Bent Step to the Left and Right), Yún Shǒu (Cloud Hands Wave), Chuān Suō (Work the Shuttle), Yăn Shǒu Gōng Chuí (Strike with Concealed Fist), Zuǒ Yòu Dào Juǎn Gōng (Retreat with Arms Curling to the Left and Right), Bān Lán Chuí (Deflect, Parry and Punch).
- 1.1.2 Sparring (Duilian): Peng (warding off), Lů (rolling back), Jǐ (pressing), Àn (pushing), Cǎi (pulling down) 、, Liè (splitting), Zhǒu (elbowing), Kào (body stroke) eight methods as the main content Taiji sparring.
- 1.1.3 Difficulties: Difficulty of movements and connecting movements of Taiji events. (In accordance with the "IWUF Wushu Taolu Competition Rules & Judging Methods 2019).
- 1.2 Choreography requirement
 - 1.2.1 When two athletes perform the eight compulsory movements, they must be synchronized and symmetrical.
 - 1.2.2 When two athletes are sparring, they must use the "Eight Taiji Methods" accurately, attack and defend reasonably, and perform realistically.
 - 1.2.3 The difficulty of the entire routine is performed by two people, and at the same time, both must choose and perform the same difficulty content.
 - 1.2.4 The entire routine should not only show the individual skills, but also standout the response and coordination between the two.
 - 1.2.5 The time limit of the routine is 2.5 to 3.5 minutes.

2 SCORING METHOD AND STANDARD

2.1 Scoring method

- 2.1.1 The perfect score is 10 points, of which 5 points are allocated for the quality of movements, 3 points allocated for the overall performance and 2 points allocated for Difficulties (1.4 points for difficulty movements and 0.6 points for connecting movements).
- 2.1.2 Group A judges evaluate and deduct points to the two athletes according to the errors arise when completing the movement.
- 2.1.3 Group B judges evaluate the scores based on the overall performance of the two athletes, deducting points for any lack of synchronization or symmetry in the 8 compulsory movements, and for the perfection of Difficulties.
- 2.1.4 Group C judges evaluate for the "degree of difficulty movements + connection".
- 2.1.5 The routine examiner assesses the routine's composition according to the choreography requirements.

2.2 Scoring criteria

- 2.2.1 Quality of movements (comply with the 2019 version of "Wushu Taolu Competition Rules & Judging Methods").
- 2.2.2 Overall performance

The scoring of the overall performance includes categories level, deduction points for lack of synchronization or symmetry, and bonus points for perfection.

- 2.2.2.1 Overall performance grading complies with the 2019 version of "Wushu Taolu Competition Rules & Judging Methods".
- 2.2.2.2 Points deduction for synchronization or symmetry: Lack of synchronization and symmetry when two athletes performing the 8 compulsory taijiquan movements, 0.02 points will be deducted for each occurrence.
- 2.2.2.3 Bonus points for perfection: Athletes earn an additional 0.02 points for each perfectly executed Difficulty + Connection.
- 2.2.3 Difficulties
 - 2.2.3.1 Difficulty Movements
 - 2.2.3.1.1 For each successful execution of a Difficulty Movement by the two athletes, Degree A of Difficulty Movement will be awarded 0.2 points, Degree B of Difficulty Movement will be awarded 0.3 points, and Degree C of Difficulty Movement will be awarded 0.4 points. If the cumulative total score for a routine's Degree of Difficulty

Movements exceeds 1.4 points, only a maximum 1.4 points will be awarded.

- 2.2.3.1.2 Each Degree of Difficulty movements will be counted only once. Should the cumulative total value for a routine's Degree of Difficulty movements exceed 1.4 points, the last one must have its value decreased.
- 2.2.3.1.3 Degree of Difficulty movements that do not meet the requirements will not be receive a score.

2.2.3.2 Connecting Difficulty

- 2.2.3.2.1 For each successful execution of a Connecting Difficulty by the two athletes, Degree A of Connecting Difficulty will be awarded 0.1 points, Degree B of Connecting Difficulty will be awarded 0.15 points, Degree C of Connecting Difficulty will be awarded 0.2 points, Degree D of Connecting Difficulty will be awarded 0.25 points. If the cumulative total score for a routine's Connecting Difficulty exceeds 0.60 points, only a maximum 0.60 points will be awarded.
- 2.2.3.2.2 Each Degree of Connecting Difficulty value will be calculated only once. If the cumulative total value exceeds 0.6 points, the value of the last connection must be decreased.
- 2.2.3.2.3 Connecting Difficulties that are not executed in accordance with the requirements will not receive a score.

2.2.4 Choreography

2.2.4.1.1 For every instance in which the routine performed by the two athletes does not comply with the choreography requirements, a deduction of 0.1 to 0.2 points will be applied.

3 DETERMINATION OF FINAL SCORE

The sum of scores for Quality of Movements, Overall Performance, and Difficulties constitutes the athlete's final score.

3.1 Score for Quality of Movements

Should, during an athlete's routine performance, a minimum of 2 out of the 3 A Group judges identify and deduct for movement technique execution and/or other errors that contrast with the specifications and requirements, the deduction is confirmed and the respective amount is deducted. The accumulated total of such deductions shall be the

actual deduction value from the full Quality of Movements value, and the remaining value will be the athlete's Actual Score for Quality of Movements.

3.2 Score for Overall Performance

The 5 B Group judges award an Overall Performance score based on the assessment of the athlete's entire routine performance. The averaged value of the three median judges' scores (discarding the highest and the lowest scores) will be the athlete's actual score for Overall Performance. The scoring is extended to the third decimal place, and any digits beyond that are not counted.

Among the 5 B Group judges, should 3 or more judges identify and deduct for synchronization movements (eight compulsory movements) the deduction is confirmed, and the respective value is deducted. The accumulated total of such deductions shall be the actual deduction value from the full Synchronization score.

Among the 5 B Group judges, should 3 or more judges identify the two athletes have completed the Difficulties perfectly, on the premise that Group C confirms the degree of difficulties, respective score is added, the accumulated of such bonus shall be the total bonus points for the Perfection movements.

By subtracting the deductions for Synchronization from the Overall Performance score and subsequently adding the bonus score for Perfection, the resulting sum constitutes the actual score for the Overall Performance.

3.3 Calculation of Actual Score for Degree of Difficulty

A minimum of 2 out of the 3 Group C judges confirm the successful execution of difficulty by both athletes, the Degree of Difficulty points will be awarded in line with the criteria and requirements. The accumulated total score shall be the actual score for the Difficulty.

4 POINTS DEDUCTED BY THE HEAD JUDGE (comply with the 2019 version of "Wushu Taolu Competition Rules & Judging Methods")

5 CALCULATION OF FINAL SCORE (comply with the 2019 version of "Wushu Taolu Competition Rules & Judging Methods")

6 JUDGING METHOD

- 6.1 Evaluation of Quality of Movements (comply with the 2019 version of "Wushu Taolu Competition Rules & Judging Methods")
- 6.2 Evaluation of Overall Performance
 - 6.2.1 Overall Performance grading, categories and levels scoring criteria (in accordance with the 2019 version of "Wushu Taolu Competition Rules & Judging Methods")

- 6.2.2 Choreography Deduction Categories, deduction content & codes (in accordance with the 2019 version of "Wushu Taolu Competition Rules & Judging Methods")
- 6.2.3 Synchronization deduction technical description, deduction criteria & codes (Table 6.2.3).

Table 6.2.3	Synchronization deduction technical description, deduction criteria & codes
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Technical Description	Deduction Criteria	Coding
 Lǎn Què Wěi (Grasp the Peacock's Tail) Zuǒ Yòu Yě Mǎ Fēn Zōng (Part the Wild Horse's Mane to the Left and Right) Zuǒ Yòu Lōu Xī Ào Bù (Brush Knee with Bent Step to the Left and Right) Yún Shǒu (Cloud Hands Wave) Chuān Suō (Work the Shuttle) Yǎn Shǒu Gōng Chuí (Strike with Concealed Fist) Zuǒ Yòu Dào Juǎn Gōng (Retreat with Arms Curling to the Left and Right) Bān Lán Chuí (Deflect, Parry and Punch) 	In a complete movement, if there is one or more obvious instances of being out-of- sync or asymmetry, 0.02 points will be deducted at one time.	99

6.2.4 Categories and Criteria for perfection Bonus points (Table 6.2.4)

Table 6.2.4	Categories and Criteria for Perfection Bonus Points
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Category	Bonus Points Criteria
Balance technique	Synchronized and symmetrical movements from the beginning until the end of executing the balance difficulty.
Static + Static connection	Synchronized and symmetrical movements from the beginning until the end of executing the static to static connecting difficulty (specially turning of body and slapping).

Dynamic + Static connection	Run-up, take-off, aerial slap or front kick touching the forehead, landing, posing, always keep the movemen synchronized and symmetrical.	
Dynamic + Dynamic connection	Run-up, take-off, aerial slap, landing, subsequent jump, always keep the movements synchronized and symmetrical.	

6.3 Difficulty Evaluation

- 6.3.1 Degree of difficulty content and description (in accordance with the 2019 version of "Wushu Taolu Competition Rules & Judging Methods")
- 6.3.2 Non-conformity in Degree of Difficulty Execution
 - 6.3.2.1 Non-conformity in degree of difficulty execution (in accordance with the 2019 version of "Wushu Taolu Competition Rules & Judging Methods")
 - 6.3.2.2 Standards Related to Degree of Difficulty Execution
 - 6.3.2.2.1 Standard Requirements for Degree of Rotation (in accordance with the 2019 version of "Wushu Taolu Competition Rules & Judging Methods")
 - 6.3.2.2.2 Standard Requirements for Run-up Steps (in accordance with the 2019 version of "Wushu Taolu Competition Rules & Judging Methods")
 - 6.3.2.2.3 Standard Requirements for Difficulty Connections (in accordance with the 2019 version of "Wushu Taolu Competition Rules & Judging Methods")
 - 6.3.2.2.4 Evaluation Criteria
 - When both athletes are executing a Difficulty Movement simultaneously, if any one of them fails, the difficulty movement will not be confirmed.
 - When both athletes are executing a Connecting Difficulty simultaneously, if any one of them fails, the connection difficulty will not be confirmed.
 - When both athletes attempt a Difficulty Movement simultaneously, if one person has taken off while the other has not yet initiated the jump, the difficulty movement will not be confirmed.

- If a Difficulty Movement is unsuccessfully executed, then its preceding and subsequent Connecting Difficulty will not be confirmed.
- If an executed Connecting Difficulty differ from what was registered, then both the Difficulty Movement and its Connecting Difficulty will not be confirmed.
- When landing on one foot with an aerial kick, the kicking/slapping foot and the landing foot should be the same.
- The connecting movements between balance movement and the dynamic-static or static-static elements, a state of stillness must be maintained.

THE 10TH ASIAN WUSHU CHAMPIONSHIPS SCHEDULE (Tentative)

Date	Time	Content	Venue
September 9	Whole Day	Judges & teams' arrival & registration	Designated Hotel
(Monday)	20:00 - 21:00	WFA Technical Committee Meeting	Designated Hotel
Whole Day Teams' arrival & registration		Teams' arrival & registration	Designated Hotel
September 10	Whole Day	WFA Committee Meetings	Designated Hotel
(Tuesday)	09:30 – 21:30	Judges' refresher course	Designated Hotel
	09:30 – 21:30	Teams training	Tap Seac Pavilion B
	07:00	Sanda initial weigh-in	Tap Seac Pavilion
	09:00 - 10:00	Technical meeting (team manager & coaches)	Designated Hotel
	09:00 - 12:00	Judges' refresher course	Designated Hotel
September 11	09:00 - 16:00	Teams training	Tap Seac Pavilion B
(Wednesday)	09:00 - 12:00	The 56 th WFA Executive Committee Meeting	Designated Hotel
	10:00 - 12:00	Draw-lots	Designated Hotel
14:30 - 16:30 TBA		The 19 th WFA Congress	Designated Hotel
		Opening Ceremony and Welcoming dinner	Designated Hotel
September 12	Whole Day	Taolu competition	Tap Seac Pavilion A
(Thursday)	Whole Day	Sanda competition	Tap Seac Pavilion A
September 13	Whole Day	Taolu competition	Tap Seac Pavilion A
(Friday)	Whole Day	Sanda competition	Tap Seac Pavilion A
September 14	Whole Day	Taolu competition	Tap Seac Pavilion A
(Saturday)	Whole Day	Sanda competition	Tap Seac Pavilion A
September 15	Whole Day	Taolu competition	Tap Seac Pavilion A
(Sunday)	Whole Day	Sanda competition	Tap Seac Pavilion A
September 16 (Monday)	Whole Day	Departure	

Appendix 3

The 10th Asian Wushu Championships

WAIVER OF LIABILITIES

Federation:			
Name of participant:			
Nationality:		Date of Birth:	Photo
Sex:		Passport No.:	
Role of Participant:	Athlete	Team Manager 🗌 Coach	
	Doctor	Observer	

Please read, understand and agree to abide by the following:

- 1. Clearly understand that the athletes must bear full responsibility for accidents which lead to deaths, injuries and disabilities;
- 2. The host and organizer of this championships are exempted from any responsibility for occurrence of any accidents and disasters happened during competitions;
- 3. The athletes ensure not to take any medicines (stimulants) or drugs;
- 4. The athletes ensure not to be involved in or being suspected of any illegal activities;
- 5. The athletes ensure they are physically and mentally healthy and suitable to participate in athletic competitions;
- 6. The athletes should take care of their personal belongings and valuables. The organizer and undertaker are exempted from any responsibilities for any loss, theft or damage happened at the competition venues.
- 7. Understand that the medical aid provided by the undertaker during the competition is of matter of basic first aid.
- 8. Any accidents responsibility happened during first aid are borne by the athletes and participating teams.
- 9. The athletes agree to abide by all competition rules and procedures enacted by the Wushu Federation of Asia. Any objections should be settled in accordance with the arbitration ordinance.
- 10. All activities, including exercises, competition and others, may be photographed or taken video or broadcasted live on TV. The athletes agree that the Wushu Federation of Asia and Wushu General Association of Macau have unlimited right to use the whole or part of these material, in any language, regardless of whether other materials are included, with individual's name, address, voice, action, graphics and biographical information to the television, radio, video, media drawings, or any media device, and for use in the future. The athletes will not ask for any recovery or compensation.

I sign here to admit, agree and make sure that I have read, clearly understand and agree to comply with the above listed provisions.

For athletes under the age of 18 -This waiver must be signed by their parent or legal guardian

Appendix 4

The 10th Asian Wushu Championships

MEDICAL CERTIFICATE

ATHLETE INFORMATION

Full name			Gender	
Passport no.		Nationality		
Email		Telephone		Photo
Address				
Discipline	□ Sandakg	🗆 Taolu		

2. QUESTIONS FOR ATHELETE (Attach relevant documents if you answered "YES")

Have you been treated by a doctor recently?		Have you ever been unconscious or had a concussion?	
Have you been hit hard in the head in the last 6 months?	□YES □NO	Have you had any headache in the last 2 weeks?	□YES □NO
Do you have hemophilia-type?	□YES □NO	Is there a history of genetic diseases in your family?	□YES □NO
Have you ever had any surgery?		Have you ever had to stay in a hospital?	
Do you have any medical condition?	□YES □NO		

3. MEDICAL DOCTOR INFORMATION

Name			
Telephone			
Address			

4. MEDICAL EXAMINATION

	Abnormalities			
Head	Cranial nerves, eyes, pupil size and reactivity, vision	Normal	Abnormal	
	Mouth, teeth, throat	Normal	Abnormal	
	Ears	Normal	Abnormal	
	Temporomandibular joint	Normal	Abnormal	
	Brain Examination: electroencephalogram (EEG) Test (Sanda athletes only)	Normal	Abnormal	

	Check items and results			Abnormalities	
Neck	Cervical spine, lymph nods	Normal	Abnormal		
Chest	Breath sounds, rib, tenderness on compression	Normal	Abnormal		
Neurological System	Reflexes	Normal	Abnormal		
	Verbal responses	Normal	Abnormal		
	Motor responses and balance	Normal	Abnormal		
Cardiovascular System	Heart rate	Normal	Abnormal		
	Blood pressure	Normal	Abnormal		
	Heart examination: electrocardiogram (ECG) Test	Normal	Abnormal		
	Medications Us	ed			
Name and dosage			Remarks		

5. DOCTOR CONFIRMATION

I hereby confirm that the athlete is	🗆 FIT	│ □ NOT FIT	to participate in	the competition.
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Sign and stamp:	
Place:	Date:

6. NATIONAL FEDERATION CONFIRMATION

I confirm that the above information provided is true and correct.

National Federation:	
Name of Representative:	
Title of Representative:	
Sign and stamp:	Date: